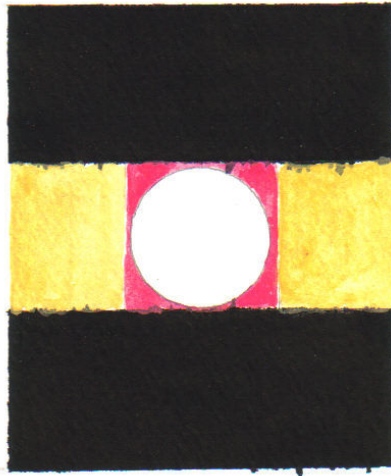


Wednesday Morning



Monk

**Holy God, Order my day according to your will,
nurture the Monk within me.**

Prayer:

Holy Guiding God, I give this day to you in service to sisters and brothers of my community, those who are near and far.

Old Testament Scripture:

May the words of my mouth and the thoughts of my heart be a reflection of the life within God's family that I have committed myself to. O God, You have saved me from a life of emptiness, You hold me steady.

Psalm 19:14

New Testament Scripture:

The community of Jesus devoted themselves to the teachings of the apostles and to being together, to the Eucharist and to prayer. Every person within the community continually felt a sense of awe. Wonderful and amazing things were happening and all of those who had committed themselves to this new life were together and held all things in common.

Acts 2:42-44

MONK PRAYER

Morning Prayer

Holy of Holies

Father of order, mother embracing,

Son leading,

Spirit empowering;

Give us this day
The bread of the earth for our bodies,
The bread of your body for our Earth.

Help us to enter the hours
In reverent worship,
The day in constant prayer

We pray your blessing on our communion,
Upon the bread,
Your body broken for us,
Upon the wine,
Your blood shed for us.

As these elements enter our physical bodies
Dispersing to organs, cells, muscle and bone,
So let your presence
Disperse to touch each aspect of our
Individual spiritual bodies
And our body life within community.

Bless the work of our hands
Open us to the giftedness of our work.
May our work be a blessing to the community
In service to Christ Jesus.

Collect:

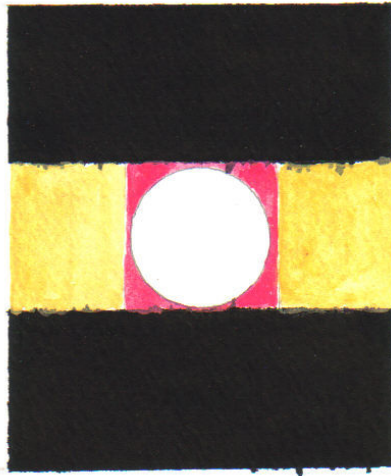
Holy God
Holy communion
Holy order
Holy hours
Holy days
Holy seasons

Bless my sisters
Bless my brothers
The rhythms of the day
The work of my hands
My study
My prayer
The stranger you send to my door
My wounds

The Lord's Prayer

Holy God guide me
And those who are absent from me.

Wednesday Mid-Day



Monk

**Holy God, Order my day according to your will,
nurture the Monk within me.**

Prayer:

Holy Guiding God, I give this day to you in service to sisters and brothers of my community, those who are near and far.

Old Testament Scripture:

Keep your eyes looking directly ahead,
Do not be diverted or distracted,
Watch your step
Keep upon the path
What you commit yourself to will
Become a reality
Do not turn to the right
Do not turn to the left
Leave evil behind in the dust.

Proverbs 4:25-27

New Testament Scripture:

The community of Jesus began selling their property and possessions and were sharing them with those in need.

The community followed a daily discipline that included worship and meals in each others homes. There was a spirit of exuberant joyfulness as they praised God and gave thanks.

People around them saw the goodness of what they had together and many began wanting the same in their lives.

Acts 2:45-47

**Midday Service
Monks Prayer**

Your blessing Creator God
Upon our gardens
Through every season;
In spring planting
In summer tending
In fall harvest
In winter rest

We give thanks for the bounty of the garden,
For all food that nourishes our bodies;
For carrots and tomatoes,
Potatoes and lettuce,
Cucumbers, beans, broccoli, cauliflower
Beets and onions;

For strawberries and raspberries,
Apples and pears,
Grapes and plums.

We give thanks for the bounty of the garden,
For all flowers that nourish our souls;
For daffodils and tulips,
For mourning glories and sunflowers,
For zinnias, petunias, geraniums,
Delphinium and daisies.

We pray that the fruit of the Holy Spirit
Would be nurtured in the garden of our souls,

Love
Joy
Peace
Patience
Kindness
Goodness
Gentleness
Faithfulness
Self-control

Awaken us to the giftedness
Of the seasons of the year
And each season of our lives.

We thank you Holy Spirit
For the planting of spiritual gifts
Within our brothers and sisters;
Bless and nurture;
The utterance of wisdom

Apostles

The utterance of knowledge
Faith
Gifts of healing
Working of miracles
Prophecy
Discernment of spirits
Various tongues

Prophets
Teachers
Deeds of power
Forms of assistance
Forms of leadership
Various kinds of tongues
Interpretations of tongues

Collect:

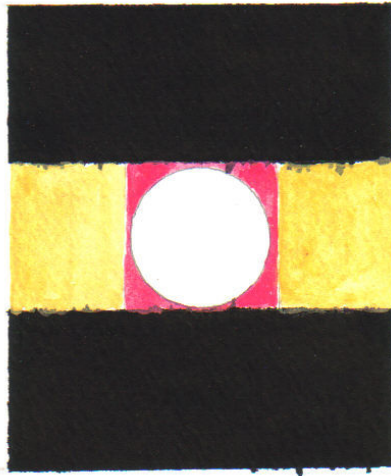
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Holy communion
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Bless my sisters
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The rhythms of the day
The work of my hands
My study
My prayer
The stranger you send to my door
My wounds

The Lord's Prayer

Holy God guide me
And those who are absent from me.

Wednesday Evening



Monk

**Holy God, Order my day according to your will,
nurture the Monk within me.**

Prayer:

As I prepare for this nights sleep, I begin to rest my spirit more deeply in you O God. As I lay down my head, I die to myself and if it is within your will that I awaken in the morning, I awaken to you, to your will, to live tomorrow in Christ Jesus.

Old Testament Scripture:

How wonderfully beautiful it is when brothers and sisters live together in unity and harmony.

Psalm 133:1

New Testament Scripture:

In Christ the divisions that once separated us have been abolished. There is no longer religious and non religious, no longer slave and free, no longer male and female. We are all in a common family in Christ Jesus.

Galatians 3:28

Monk's Prayer

(Part III)

Jesus

Emmanuel, God with us,

Keep us mindful that you are within all

Who come to our door.

We pray for the gift of hospitality.

We pray for a loving spirit,

For a teaching spirit.

May our life together be our primary teaching.

Help me to strive to be least among
My sisters and brothers,
To kneel at their feet with basin and towel,
As Christ washed the disciples feet,
And called us to do likewise.

Bless our humble cells,
Our dwelling places
For solitary retreat
For rest
For study
For prayer
For sleep.

As sister death comes to me
And I leave the earthly table,
My body returned to the clay
From which I was formed,
You, O ever living Christ
Welcome the essential
Eternal part of me
To your eternal table.

Monk Scripture Day 3: Matthew 6:16-21

Collect:

Holy God
Holy communion
Holy order
Holy hours
Holy days
Holy seasons

Bless my sisters
Bless my brothers
The rhythms of the day
The work of my hands
My study
My prayer
The stranger you send to my door
My wounds

The Lord's Prayer

Holy God guide me
And those who are absent from me.