

## Saturday Morning



### Reflection

**Holy God, Creator of all that is  
Source of all we have been given,  
We reflect upon what has been,  
What is,  
What will be.**

#### **Prayer:**

Help us to receive all that is, all that has been, all that will yet be with discernment, care, respect and thankfulness.

#### **Old Testament Scripture:**

When I contemplate the cosmos, the immensity of all that you have created, O God, the solar system, the galaxy, the universe, universes, that you have willed to be, I ask myself, who am I, who are we, that you should even think about us? That you should care about us?

Yet you have made us gloriously, and allowed us to know you. You care about us.

Psalm 8: 3-4

#### **New Testament Scripture:**

Jesus said to his disciples, "I have so much more to say to you, but at this point in your lives it would be too much for you to comprehend. But when the Holy Spirit comes upon you, the Spirit will guide you into the truth, revealing all that God would speak to you regarding what is coming. The Spirit will honor me by disclosing my way, truth, and life to you. God's will for your lives is being revealed through me. In a short time from now I will no longer be physically present with you, but not long after that you will see me more clearly than you ever have.

John 16: 12-16

**Prayer:**

Holy God, reveal to me what I must let go of to live more fully in the blessedness that you will for me. I surrender all that I cling to. I surrender all that I fear losing. Teach me what I must walk away from so that I can more fully walk within you.

**Collect:**

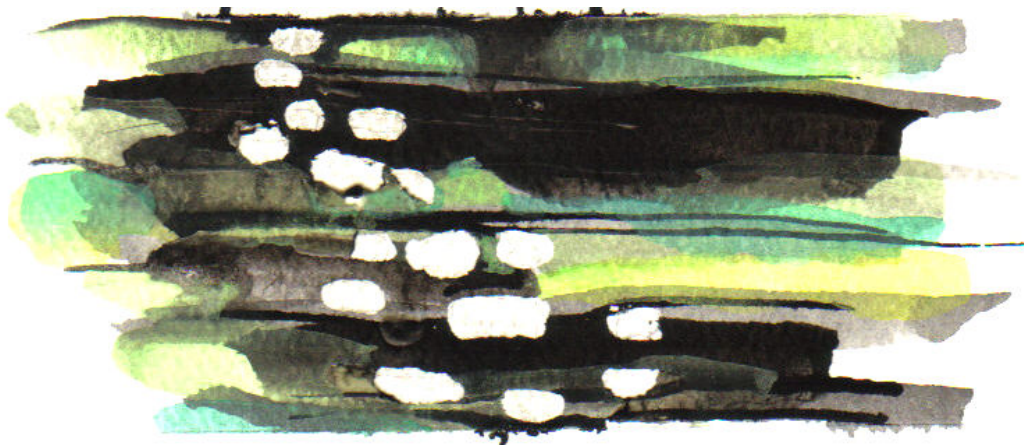
You see the sacred within everything God has created. There is within you a Christ-like love for everything and everyone you encounter. You begin to identify the Creator's love in all creation.

You are learning to live in quietness. You have broken with the exhausting pace of the world. You have found a place of silence that is refreshing to your soul. You have experienced sacredness in silence.

You are becoming childlike. You are beginning to realize the happiness of a child. You approach all relationships with a joyful childlike anticipation.

Holy God you have found me  
Jesus you have found me  
Spirit you have found me  
Holy Mother  
Holy Father  
You have found me

## **Saturday Mid-Day**



### **Reflection**

**Holy God, Creator of all that is  
Source of all we have been given,  
We reflect upon what has been,  
What is,  
What will be.**

#### **Meditation:**

We pause in the middle of this day, between what has been and what will be. We look back upon our lives, from our beginning, before we can consciously remember, our physical transformation in the womb, our mother's heartbeat, our heartbeat, birth, light, our infancy, childhood, school, adolescence, youth; young adulthood, parents, sisters, brothers, friends, relatives, relationships, success, loss, fear, illness, failure, hope, darkness, joy, peace, illusion, security, insecurity.

**(3 minutes of silent reflection)**

#### **Old Testament Scripture:**

Holy God, you know everything about me, you have been with me every day, every moment of my life, you know every detail, you know all my thoughts, you know what I long for and what I fear. You have held me from my beginning, walked with me through everything. When I think about how you have always been with me I am wonderfully shaken, it is too much for me to hold. There is nothing that has happened or ever will happen to me, no place that I have been or will be that you won't be right there with me.

Psalm 139: 1-7

#### **New Testament Scripture:**

Whenever a woman is about to give birth, she experiences some uncertainty, some apprehension as she anticipates the difficult time that lies ahead and the pain that will

be a part of that, but when the child is born, the anguish melts away and turns to joy as a new child has come into the world.

You, too, will know sorrow and loss, but I will come to you again, I will see you and you will see me, and your heart will know a joy that no one will ever be able to take away from you.

John 16: 21-22

**Prayer:**

Help me, O God, to use everything that has ever happened in my life, the good things and the difficult things, to bless my life and the lives of others.

**Collect:**

A new health and quickness operates within your body, mind, and spirit. You feel a sense of vitality and health in the moment. You move with decisiveness.

Your gifts and passions are beginning to manifest themselves in ways that bless you and others. You have a clear sense of God's calling. Everything that has ever happened to you, everything that you have ever experienced gives meaning to the present. You have a desire to use your gifts to help others. You trust God to provide your ministry.

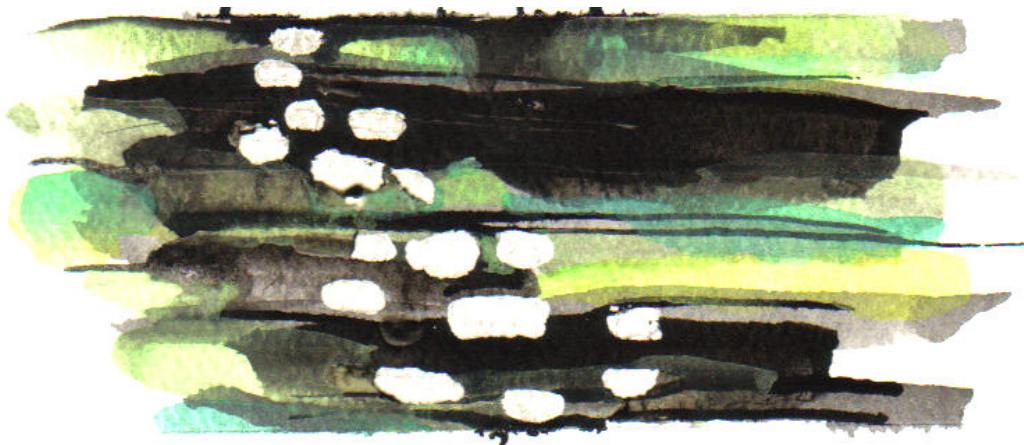
You carry in your person a love of family, a love of all people around you. You carry in your person a love for all creation. You can become almost overwhelmed by a sunset, the moon over the ocean, a bird's song in the morning, wind blowing through the trees. You live in a spirit of thankfulness for everything. You see the damaging effect of hatred, apathy, and injustice on all of creation.

You have a sense that you are coming alive. Worship becomes a natural expression of your state of being. You sing and dance and praise. It is as if you have awakened.

Holy God you have found me  
Jesus you have found me  
Spirit you have found me  
Holy Mother  
Holy Father  
You have found me

*[NOTE: A Place Apart music CD is an hour-long exploration of the cycle of our lives and elemental aspects of being alive. Consider using the CD as a meditation piece during the time of silence in this liturgy. Go to [www.aparvermont.org](http://www.aparvermont.org) and click on "Resources" to learn more.]*

## **Saturday Evening**



### **Reflection**

**Holy God, Creator of all that is  
Source of all we have been given,  
We reflect upon what has been,  
What is,  
What will be.**

### **Prayer:**

O God,  
Help us to trust that you will use everything  
That we have encountered on life's journey  
To bless us and those we care about and love.  
At the same time,  
We pray for rebirth  
Within our own lives  
And within the life of our community.  
Help us to let go of what must now die  
Help us to move from death to life,  
From emptiness to wholeness,  
From fear to trust, from hate to love,  
From discouragement to hope,  
From war to peace.  
Strengthen us in the truth that we seek to live within;  
Confront us in the truth that we have turned away from.  
Help us to want and work for  
That which you want for us.  
Help us to see what has true value,  
Help us to recognize what truly lasts,  
O God,

We are a moment,  
You are forever.

**Old Testament Scripture:**

Above everything else in my life is my trust that my Redeemer lives, and when everything else is gone, my Redeemer will stand upon the Earth. Even after my skin is destroyed, I will see God, with the essence of my being I will see God.

Job 19: 25-26

**New Testament Scripture:**

Blessed is the God and Father of our life giving savior Jesus Christ whose great love and mercy has caused us to be born anew into a living hope through the resurrection of Jesus Christ from the dead, so that we receive an imperishable inheritance that will never fade away. We are forever protected by the power of God, and we live in joyful abandon though we experience distressing trials that test us and deepen our faith in all that Jesus was about, and cause us to love Him with a depth that brings us inexpressible joy because we have faith that our souls will be held forever by God.

1 Peter 1: 3-9

**Meditation:**

Reflect upon your physical death, on all that will be lost, on what may last and what will definitely not last. How can facing your death change your life?

**Prayer:**

Dearest Father,  
Creator God,  
Embracing Mother,  
Dwelling in the realm beyond our present seeing,  
Your Spirit presence  
Within every created thing.

May your name be revered in Holy honor.  
May your reign be established,  
The reign of justice and peace,  
The reign of healing and well being,  
Your will for all people,  
Begun in Christ,  
May it now be completed  
On Earth,  
As it is within the realm beyond our present sight,  
Known in some deep place within us,  
Half remembered from our beginning,  
Longed for as our truest home.

We seek your provision,  
The bread of our daily needs.

Forgive us the wrongs we have committed  
Against others,  
Against your creation,  
Against your created order,  
Against ourselves,  
Against you.

In light of our understanding of your forgiveness of us  
We cannot help but forgive all who have committed wrongs  
Against us.

Lead us away from desires  
That would be harmful to us or others.

Rescue us from the hold evil has on us.

Nurture in us desire  
That expresses a passion for living fully.

Your reign is life,  
Yours is enduring power,  
Yours the glory that does not fade.

We are a moment,  
You are forever.

Amen

**Eucharist:**

**Bread:**

Christ the Bread of Life  
Sustenance  
Body broken for the sins of the world  
Broken for me  
I receive the Body of Christ  
The bread of life

**Wine:**

At His mother's bidding  
He turns water into wine  
I receive into my body

The fruit of her body  
The fruit of the vine  
Crushed into wine  
The blood of Christ shed for me  
Shed for the world

My body a new container for new wine

**Benediction:**

The Sun sets

Holy God you have found me  
Jesus you have found me  
Spirit you have found me  
Holy Mother  
Holy Father  
You have found me

Your lost child is home